

The 5th Annual Meeting of the Middle East Society for Gynecological Endoscopy

In Collaboration with
The Lebanese Society of Obstetrics and Gynecology



September 13-15, 2018
Hilton Habtoor Hotel, Lebanon

Program



Hands-on, Workshops and much more !!

Welcome Letter



Dear Colleagues,

The Middle East Society for Gynecological Endoscopy (MESGE) since its creation in 2009 has run successfully annual congresses, regional meetings and workshops around our region.

It is always a good opportunity to meet experts from around the world and discuss innovations and recent updates.

This September we will be together in Beirut to exchange knowledge, experience and research on Minimally Invasive Surgery, endometriosis and many other hot topics.

Hands on workshops on suturing and hysteroscopy along with others on electro surgery, laparoscopic myomectomy, laparoscopic hysterectomy, urogynecology, gynecological oncology, ... will be available to you so you can choose the ones of your interest.

Lebanon and Beirut, also known as Switzerland or Paris of the Middle East respectively, have an extremely nice weather during September. Their historical monuments aged thousands of years welcome you from North to South and from East to West.

Looking forward seeing among us to enjoy the beauty of the landscapes and the passion of science.

Joseph Nassif, MD

President of the MESGE

MESGE Executive Board

Joseph Nassif, MD	<i>President</i>
Mohamed Mabrouk, MD	<i>Vice President</i>
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Mohammad Essawy, MD	<i>Young Endoscopists Platform Chair</i>

Organizing Committee

Joseph Nassif, MD
Mohamed Mabrouk, MD
Ali Akdemir, MD
Fatih Sendag, MD

Scientific Committee

Ali Akdemir, MD
Mohamed Mabrouk, MD

Speakers

Reem Abdallah	<i>Lebanon</i>	Georgios Georgiou	<i>Cyprus</i>
Aline Abi Sleiman	<i>Lebanon</i>	Antoine Hannun	<i>Lebanon</i>
Imad Abou Jaoude	<i>Lebanon</i>	Jamal Hoballah	<i>Lebanon</i>
Ali Akdemir	<i>Turkey</i>	Mohammad Ibrahim	<i>Egypt</i>
Naji Afif	<i>Lebanon</i>	Karl Jallad	<i>Lebanon</i>
Ahmad El-Balat	<i>Germany</i>	Shaheen Khazali	<i>UK</i>
Janah Al Hassan	<i>Lebanon</i>	Pascal Jarjoura	<i>Lebanon</i>
Hisham Arab	<i>KSA</i>	Marc Matta	<i>Lebanon</i>
May Grover	<i>USA</i>	Karim Nawfal	<i>Lebanon</i>
Naji Aswad	<i>Lebanon</i>	Ceana Nezhat	<i>USA</i>
Chakib Ayoub	<i>Lebanon</i>	Ralph Papas	<i>Lebanon</i>
Mustafa Bahceci	<i>Turkey</i>	Joanna Saade	<i>Lebanon</i>
Selim Bassil	<i>Lebanon</i>	Bassem Safadi	<i>Lebanon</i>
Toni Bazi	<i>Lebanon</i>	Philippe Saroufim	<i>Lebanon</i>
Mustafa Chaaban	<i>Lebanon</i>	Fatih Sendag	<i>Turkey</i>
Dina Chamsi	<i>Lebanon</i>	Zaki Sleiman	<i>Lebanon</i>
Henri Clave	<i>France</i>	Pantelis Trompoukis	<i>Greece</i>
Albert El Hajj	<i>Lebanon</i>	Arnaud Wattiez	<i>France</i>
Chadi Fakih	<i>Lebanon</i>	George Wehbe	<i>Lebanon</i>
Helder Ferreira	<i>Portugal</i>	Chrysoula Zacharopoulou	<i>France</i>

Each Delegate Can Register to Workshops Running Repeatedly in AM and PM Sessions

09:00 - 09:30 Registration

09:30 - 11:10

HYSTEROSCOPY - HANDS ON

Chairmen: Mustafa Chaaban, Georgios Georgiou

Workshop 1 HALL A	09:30 - 09:50	Principles of Hysteroscopy Selim Bassil
	09:50 - 10:10	Office Hysteroscopy Georgios Georgiou
	10:10 - 10:30	Operative Hysteroscopy Imad Abou Jaoude
	10:30 - 10:50	Complications In Hysteroscopy Mustafa Chaaban
	10:50 - 11:10	Pre Lab Session All Faculty

LAPAROSCOPIC SUTURING - HANDS ON

Chairmen: Zaki Sleiman, Pantelis Trompoukis

Workshop 2 HALL B	09:30 - 09:50	Introduction Pantelis Trompoukis
	09:50 - 10:10	Instruments For Laparoscopic Suturing Zaki Sleiman
	10:10 - 10:30	Intracorporeal Knots Pantelis Trompoukis
	10:30 - 10:50	Extracorporeal Knots Helder Ferreira
	10:50 - 11:10	Pre Lab Session All Faculty

MINIMALLY INVASIVE HYSTERECTOMY

Chairman: Pascal Jarjoura

Workshop 3 HALL C	09:30 - 09:50	Approaches for MIS Surgery May Grover
	09:50 - 10:10	Lecture & Video: In-Depth and Practical Approach May Grover
	10:10 - 10:30	Laparoscopic Hysterectomy to the Set-Up and Performance of Single, Reduced and Multi-Port May Grover
	10:30 - 10:50	Video: HALS in Hysterectomy May Grover
	10:50 - 11:10	Pre Lab Session All Faculty

11:10 - 11:30 Coffee Break and Trade Exhibition

11:30 - 12:50

Workshop 1 HALL A	11:30 - 11:50	Hands On Diagnostic Hysteroscopy All Faculty
	11:50 - 12:10	Hands On Operative Hysteroscopy All Faculty
	12:10 - 12:30	Hands On Troubleshooting Your Scope All Faculty
	12:30 - 12:50	Hands On Troubleshooting Your Pump All Faculty

Workshop 2 HALL B	11:30 - 11:50	Hands On Intracorporeal Knots All Faculty
	11:50 - 12:10	Hands On Intracorporeal Knots All Faculty
	12:10 - 12:30	Hands On Extracorporeal Knots All Faculty
	12:30 - 12:50	Hands On Tips and Tricks All Faculty

Workshop 3 HALL C	11:30 - 11:50	Video: Extraction and Morcellation Techniques for Large Specimen
	11:50 - 12:10	Hands On: Manual Morcellation of Beef Tongues
	12:10 - 12:30	Hands On: Manual Morcellation of Beef Tongues
	12:30 - 12:50	Q&A and Wrap Up

12:50 - 13:00 Discussion and Adjourn

13:00 - 14:00 **Lunch**

14:00 - 17:30

HYSTEROSCOPY - HANDS ON

Chairmen: Joseph Abou Chedid, Mustafa Chaaban

Workshop 4 HALL A	14:00 - 14:20	Principles of Hysteroscopy Selim Bassil
	14:20 - 14:40	Office Hysteroscopy Georgios Georgiou
	14:40 - 15:00	Operative Hysteroscopy Imad Abou Jaoude
	15:00 - 15:20	Complications In Hysteroscopy Mustafa Chaaban

LAPAROSCOPIC SUTURING - HANDS ON

Chairmen: Helder Ferreira, Pantelis Trompoukis

Workshop 5 HALL B	14:00 - 14:20	Introduction Pantelis Trompoukis
	14:20 - 14:40	Instruments For Laparoscopic Suturing Zaki Sleiman
	14:40 - 15:00	Intracorporeal Knots Pantelis Trompoukis
	15:00 - 15:20	Extracorporeal Knots Helder Ferreira

MINIMALLY INVASIVE HYSTERECTOMY

Chairman: Pascal Jarjoura

Workshop 6 HALL C	14:00 - 14:20	Approaches for MIS Surgery May Grover
	14:20 - 14:40	Lecture & Video: In-Depth and Practical Approach May Grover
	14:40 - 15:00	Laparoscopic Hysterectomy to the Set-Up and Performance of Single, Reduced and Multi-Port May Grover
	15:00 - 15:20	Video: HALS in Hysterectomy May Grover

15:20 - 16:00 **Coffee Break and Trade Exhibition**

16:00 - 17:30

Workshop 4 HALL A	16:00 - 16:20	Hands On Diagnostic Hysteroscopy All Faculty
	16:20 - 16:40	Hands On Operative Hysteroscopy All Faculty
	16:40 - 17:00	Hands On Troubleshooting Your Scope All Faculty
	17:00 - 17:20	Hands On Troubleshooting Your Pump All Faculty

Workshop 5 HALL B	16:00 - 16:20	Hands On Intracorporeal Knots All Faculty
	16:20 - 16:40	Hands On Intracorporeal Knots All Faculty
	16:40 - 17:00	Hands On Extracorporeal Knots All Faculty
	17:00 - 17:20	Hands On Tips and Tricks All Faculty

Workshop 6 HALL C	16:00 - 16:20	Video: Extraction and Morcellation Techniques for Large Specimen
	16:20 - 16:40	Hands On: Manual Morcellation of Beef Tongues
	16:40 - 17:00	Hands On: Manual Morcellation of Beef Tongues
	17:00 - 17:20	Q&A and Wrap Up

17:20 - 17:30 **Discussion and Adjourn**

Friday September 14th, 2018

09:00 - 09:30 Registration

09:30 - 13:00

ENDOMETRIOSIS

Chairmen: Hisham Arab, Ceana Nezhat

Workshop 7 HALL A	09:30 - 09:50	Intoduction Hisham Arab
	09:50 - 10:20	Systematic Approach to the Laparoscopic Diagnosis of Endometriosis Ceana Nezhat
	10:20 - 10:50	Medical Treatment Chrysoula Zacharopoulou
	10:50 - 11:10	Systematic Approach to the Precise Excision of Endometriosis Ceana Nezhat

PELVIC ORGAN PROLAPSE

Chairmen: Ali Akdemir, Toni Bazi

Workshop 8 HALL B	09:30 - 09:50	Introduction Toni Bazi
	09:50 - 10:20	Laparoscopic Sacrocolpopexy Technique Ali Akdemir
	10:20 - 10:50	Complications of Sacrocolpopexy Naji Aswad
	10:50 - 11:10	Retropubic vs Trasnobturator Approach for GSI? Toni Bazi

LAPAROSCOPIC MYOMECTOMY

Chairmen: Janah Al Hassan, Mohamad Ibrahim

Workshop 9 HALL C	09:30 - 09:50	Introduction Mohamad Ibrahim
	09:50 - 10:20	Indications of Lap Myomectomy Janah Al Hassan
	10:20 - 10:50	Laparoscopic Myomectomy Technique Mohamad Ibrahim
	10:50 - 11:10	Tips and Tricks in Lap Myomectomy Karim Nawfal

11:10 - 11:30 Coffee Break and Trade Exhibition

Workshop 7 HALL A	11:30 - 11:50	Role of Local Societies of Endo Hisham Arab
	11:50 - 12:10	Ethiopathogenesis of Endometriomas Ceana Nezhat
	12:10 - 12:30	Endometriosis and Cancer Hisham Arab
	12:30 - 12:50	New Methods for Awarness Chrysoula Zacharopoulou
Workshop 8 HALL B	11:30 - 11:50	Complications in Urogynecologic Surgery Toni Bazi
	11:50 - 12:10	Tissue Retrieval Techniques; Tips and Tricks for Daily Practice Ali Akdemir
	12:10 - 12:30	Mesh In Pop: Hope or Hype Naji Aswad
	12:30 - 12:50	Best Approach for Pop Surgery Toni Bazi
Workshop 9 HALL C	11:30 - 11:50	Morcellation: Pros and Cons Janah Al Hassan
	11:50 - 12:10	Pregnancy After Lap Myomectomy Karim Nawfal
	12:10 - 12:30	Complications of Lap Myomectomy Mohamad Ibrahim
	12:30 - 12:50	Outcomes of Laparoscopic Myomectomy Karim Nawfal

12:50 - 13:00 Discussion and Adjourn

13:00 - 14:00 Lunch

14:00 - 14:30	Revisiting Pelvic Anatomy Helder Ferreira
14:30 - 15:00	Updates on Way of Entry Pantelis Trompoukis
15:00 - 15:30	Past, Present and Future of MIS Ceana Nezhat
15:30 - 16:00	Ergonomy with Tips and Trics Arnaud Wattiez
16:00 - 16:30	Coffee Break and Trade Exhibition
16:30 - 17:00	Complications in Laparoscopy Ceana Nezhat
17:00 - 17:30	Single Port Surgery: Tips & Tricks Fatih Sendag

17:30 - 18:30 Opening Ceremony

MESGE

LSOG

Keynote Lecture

Joseph Nassif

Antoine Abu Musa

Arnaud Wattiez

18:30

Cocktail



Saturday September 15th, 2018

08:00 - 08:30 Registration

08:30 - 10:00

UROGYNECOLOGY

Chairmen: Georges Abi Tayeh, Fersan Mansour, Rana Skaf

HALL A

08:30 - 08:45

Pelvic Floor Anatomy for POP Repair **Arnaud Wattiez**

08:45 - 09:00

Vaginal Hysterectomy with Advanced Bipolar Vessel Sealing **Henri Clave**

09:00 - 09:15

Bladder Neck Threads: BNT **Philippe Saroufim**

09:15 - 09:30

Robotic Surgery for POP **Fatih Sendag**

09:30 - 09:45

Urinary Incontinence Surgery with or after POP Repair? **Karl Jallad**

ONCOLOGY

Chairmen: Assaad Kesrouani, Nawal Tufaily, George Wehbe

HALL B

08:30 - 08:45

Laparoscopic Restaging of Endometrial Cancer **Ahmad El-Balat**

08:45 - 09:00

Nerve Sparing in Gyn onc Procedures: is it Feasible? **George Wehbe**

09:00 - 09:15

Laparoscopic Treatment of Cervical Cancer **Reem Abdallah**

09:15 - 09:30

The Place of Laparoscopy in Advanced Ovarian Cancer **Ahmad El-Balat**

09:30 - 09:45

Outcomes of Open and Laparoscopy for Oncology **Reem Abdallah**

NEUROPELVIOLOGY

Chairmen: Nakhle Challita, Wadih Ghanameh, Johny Rachdan

HALL C

08:30 - 08:45

Pelvic Nerves and Endometriosis Surgery **Shaheen Khazali**

08:45 - 09:00

Congestive Pelvic Syndrome: Myth or Reality **Chakib Ayoub**

09:00 - 09:15

Endometriosis in the Adolescent **Hisham Arab**

09:15 - 09:30

Pelvic Pain Before and After Lap Hysterectomy **Pascal Jarjoura**

09:30 - 09:45

Energy Sources for Lap Hysterectomy **Shaheen Khazali**

09:45 - 10:00

Discussion

10:00 - 10:30

Coffee Break and Trade Exhibition

10:30 - 12:00

ADHESIONS PREVENTION

Chairmen: Alain Daher, Georges Kehdi, Sally Khoury

HALL A

10:30 - 10:45

Hydroflotation or Barrier Method for Adhesion Prevention?

Aline Abi Sleiman

10:45 - 11:00

Adhesiolysis or Adhesiectomy? **Ali Akdemir**

11:00 - 11:15

Asherman Syndrome how to Improve Results ? **Dina Chamsi**

11:15 - 11:30

Amniotic Membranes for Adhesion Prevention **Joanna Saade**

11:30 - 11:45

Approach to Frozen Pelvis **Shaheen Khazali**



HALL B

10:30 - 10:45
10:45 - 11:00
11:00 - 11:15
11:15 - 11:30
11:30 - 11:45

LAPAROSCOPIC COMPLICATIONS AND REPAIR

Chairmen: Rabih Chahine, Antoine Maalouf, Chrysoula Zacharopoulou

Entry Complications and Repair **Chrysoula Zacharopoulou**

Vascular Injuries and Repair **Jamal Hoballah**

Bowel Injuries and Repair **Bassem Safadi**

Urological Injuries and Repair **Albert El Hajj**

Infectious Complications in Laparoscopy **Marc Matta**

HALL C

10:30 - 10:45
10:45 - 11:00

11:00 - 11:15

11:15 - 11:30
11:30 - 11:45

IVF AND ENDOMETRIOSIS

Chairmen: Joseph Azouri, Lamia Sayegh, Tony G. Zreik

Endometriosis and Infertility: Surgery vs IVF? **Ralph Papas**

Effect of Hydro/Hematosalpinx on Endometriosis Associated Infertility **Antoine Hannun**

Ovarian Reserve after Laparoscopic Cystectomy for Endometrioma **Naji Afif**

Frozen vs Fresh Embryo in Endometriosis **Mustafa Bahceci**

The Best Protocol for Endometriosis Associated Infertility **Chadi Fakih**

11:45 - 12:45

Symposium Medtronic

12:45 - 14:00

Lunch

14:00 - 15:30

HOT TOPICS IN MIGS

Chairmen: Abdel Nasser Abou Khalil, Elie Hobeika, Leila Nouredine

14:00 - 14:15

How to Perform a MIS in an Outpatient Setting **Henri Clave**

14:15 - 14:30

Open, Vaginal or Laparoscopic Hysterectomy?

Mohamad Ibrahim

14:30 - 14:45

Photobiomodulation: Gynecologists Everyday Task? **Henri Clave**

14:45-15:00

Lap Hysterectomy in Bulky Uterus **Dina Chamsi**

15:00 - 15:15

Access Optimisation in Endometriosis Surgery **Shaheen Khazali**

15:15 - 15:30

Discussion

15:30-16:00

Symposium Biophoton

16:00

END OF CONGRESS

HALL C

Acknowledgments

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Sponsors



Int'l Registration

- Registration Before Congress 350 USD
- On Site 400 USD

LSOG Registration

- Registration Before Congress 120 USD
- Free Registration for Interns and Residents of LSOG Training Programs (Upon Presenting an Official Document)

Workshop Registration

- Hands on Workshops (Suturing and Hysteroscopy) 100 USD per Workshop
150 USD for Both Workshops
- Other Workshops (Non Hands on) Require Congress Registration Free of Charge



